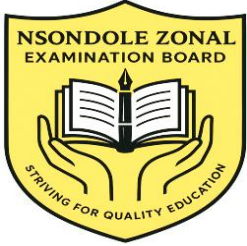


NSONDOLE ZONAL EXAMINATIONS BOARD



2025 - 2026 PSLCE MOCK II EXAMINATIONS

ARTS AND LIFE SKILLS

(100 marks)

Date: 25th March 2026

Time allowed: 1 hour 30 mins

13:00 – 14:30 pm

LEARNER'S NAME: _____

(Surname first)

NAME OF SCHOOL: _____

INSTRUCTIONS:

1. Write your name in full and name of your school
2. Answer all questions. In section A, encircle the letter A, B, C or D representing the correct answer and in Section B, write your answers in the spaces provided.

SECTION A (30 marks)

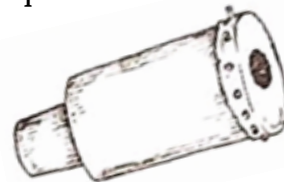
EXPRESSIVE ARTS (10 marks)

1. Mirroring activities are _____
 - A. Act of following a leader
 - B. Grouping of sound and silence
 - C. Simple way of expressing things
 - D. Way of living
2. Which of the following is the importance of repetition and contrasts?
 - A. Decorate artworks
 - B. Preventing cracking
 - C. To maintaining items its colour
 - D. To make items last long
3. Why songs and dances are important tools in disseminations cross-cutting issues?
 - A. They bring money
 - B. They are sold faster
 - C. They disseminate information
 - D. They educate people

4. How many players make volleyball team?

A. 7	C. 11
B. 14	D. 6

Study the musical instrument below and answer the question that follows



5. Identify the musical instrument

A. Drum	C. Shake
B. Banjo	D. Xenophon
6. To which group of musical instruments does it belongs

A. Tuned	C. Blowing
B. Untuned	D. Stringed
7. How does the instrument produce sound?

A. By tuning	C. By beating
B. By pressing	D. By plucking

EXAMINATION:

8. The following artistic activities requires personal space except:
A. Drawing C. Football
B. Sewing D. Knitting
9. What can be used to express and communicate feelings and concepts non-verbally
A. Marshall arts C. Posters
B. Songs D. Dances
10. Which of the following is the first factor to be considered when writing a play for public performance?
A. Characters C. Scene
B. Acts D. target group

LIFE SKILLS (20 marks)

Tipita is a primary boy who has multiple sexual partners. He asked John his friend to do the same. Use this information to answer questions 12 and 13

11. What could be the effect of Tipita's behavior?
A. Enjoying life
B. Doing well in class
C. Contrasting STI's
D. Becoming
12. Which of the following is the life skill that John would use to deal with the situations?
A. Assertiveness C. Patience
B. Confidence D. Attitude
13. Which of the following is not a way of preventing Malaria?
A. avoid blood contact
B. draining stagnant water
C. sleeping under treated mosquito nets
D. using repellents and insecticides
14. _____ is expectation of what females show
A. Gender equality
B. Gender stereotype
C. Gender bias
D. Gender equity

15. Which of the following diseases can be prevented by blue gum leaves?
A. Malaria C. Diarrhoea
B. Anaemia D. Cholera
16. State the importance of personal hygiene
A. Peer pressure
B. Decision making
C. It helps to have healthy bodies
D. Moral development
17. Choose one way of proper waste disposal
A. Disposing them in the house
B. Disposing them in factories
C. Disposing them in the river
D. Disposing them in rubbish pits
18. Define self esteem
A. Means the value an individual place oneself
B. Knowing what you want and taking necessary steps in order to achieve that
C. Keep the surrounding clean
D. Negative impact against something
19. Identify places where to get guidance and counseling **except**:
A. From family members
B. Health professionals
C. Teachers
D. Classmates
20. What causes stress and anxiety?
A. Good performance at school
B. Death of beloved one
C. Rewards
D. Being faithful
21. Below are problems associated with home based care **except**:
A. Easy to get medication
B. Stigmatization
C. Lack of knowledge
D. Lack of finance to buy materials
22. What is the best way of preventing STI's and HIV/AIDS?
A. Use of condom
B. Abstinence
C. Being faithful



EXAMINATION: _____

- D. Wife inheritance
23. Which of the following is the psychological change in both boys and girls during adolescent?
- A. Grow taller
 - B. Deep and soft voice
 - C. Frequent change of mood
 - D. Pimples around the face
24. Identify the three types of bathrooms
- A. Water closer, shower and shelter
 - B. Basin, bath tab and shower
 - C. Flower beds, sink and shelter
 - D. Shower, bathtubs and shelter
25. Which of the following is the importance of planning?
- A. Increases the chance of early marriage
 - B. Promotes risky behaviors
 - C. Helps to achieve goals
 - D. Promotes jealousy
26. Which of the following is one of the situations indicate a well thought decision when solving problems
- A. Poor decision are made
 - B. Complication problems
 - C. Peaceful compromise is reached
 - D. Alternative solutions are made

27. Which of the following **is not** a characteristic associated with middle adolescence stage?
- A. Establishing self-image
 - B. Showing unstable character
 - C. Experiencing intense
 - D. Beginning to think in abstract terms
28. Which of the following is an emotional change in girls?
- A. Breasts develop
 - B. Hips get broader
 - C. Develop self confidence
 - D. Develop soft voice
29. Why is creative thinking importance in entrepreneurship?
- A. Customers are not taken care of
 - B. Improves quality of goods and products
 - C. Customers are not attracted
 - D. Goods are available in small quantities
30. Which of the following is factors that promote high self-esteem?
- A. Withdraw
 - B. Rewards
 - C. Loneliness
 - D. Laziness

SECTION B (70 marks)

EXPRESSIVE ARTS (40 marks)

- 31.a.(i) Mention any **two** importance of posters (2 marks)

- (ii) State any **two** colours which can be used to convey cultural messages (2 marks)

- b. (i) What does the attire of animal skins shields symbolize in some culture? (2 marks)

(ii). Explain the meaning of wearing red cloth in China (2 marks)



EXAMINATION: _____

In a certain village a chief used to make decisions without consulting the villagers

32.a. (i) Name the type of leadership style of the chief was practicing (1 mark)

(ii) Explain any **one** disadvantage of the leadership style practiced by the chief (2 marks)

b. (i) Mention any **two** basic skills in netball (2 marks)

(ii) Who officiate the following games?

Netball _____ (2 marks)

Football _____ (2 marks)

(iii) Mention any one way in which umpires communicate with players in a game (1 mark)

33.a.(i) Draw any **two** musical notes (4 marks)



(ii) Define the following terms

a. **time signatures** (1 mark)

b. **Staff** (1 mark)

(iii) a. Describe the meaning of the following $\frac{4}{4}$ in time signature (2 marks)

b. **Figure 1** is a diagram of an artist item use it to answer the question below



Figure 1

(i) Name the artistic item above (1 marks)

EXAMINATION: _____

(ii) How is the item produced? (2 marks)

(iii) Give any **two** materials that are used to make the item (2 marks)

34.a.(i) Differentiate educational dance from traditional dance (4 mark)

(ii) Name **two** occasions when traditional dances are performed (2 marks)

b. (i) what is stereotype? (1 mark)

(ii) List **two** manipulative skills in artistic activities (2 marks)

LIFE SKILLS (30 marks)

35.a. i. State any **one** areas where wastes can be disposed (1 marks)

(ii) . Mention **two** dangers of not having a rubbish pit at school (2 marks)

b. (i) What are the ways of resisting negative peer pressure? List **two** points? (2 marks)

(ii) Explain why people begin to abuse drugs and substance (give **two** points) (2 marks)

36.a. (i) Give any **two** needs of the less privileged. (1 mark)

(ii) Identify **two** examples of less privileged people (2 marks)

b. (i) Name **two** places where people can get ARVS (2 marks)



EXAMINATION: _____

ii. Describe any **two** side effects of **ARV** on a patient (4 marks)

37.a. i. Give any **three** reasons why drug and substance are dangerous to a person (3 marks)

ii. Explain how you would assist one to stop abusing drugs and substances (2 marks)

38.i. Define the term anxiety (1 mark)

ii. Describe **two** ways of managing stress and anxiety (4 marks)

Read the case study below and use it to answer the questions 39 (i) and 39 (ii)

Tinyande is a standard 7 learners at Mwatibu primary school. Her father always tells her to stop going to school and join home at the farm. Tinyande dropped out of school because she was lacking motivation.

39.i. Which human right was violated by Tinyade's father? (2 marks)

ii. What skill would Tinyade's have used to cope with the problem from her father? (2 marks)

End of Question Paper

