

CANDIDATE NAME: _____ DAY/OPEN (Tick)

CENTRAL EAST EDUCATION DIVISION

2026 MSCE MOCK EXAMINATION

HOME ECONOMICS



Thursday, 12 March

Subject Number: M082/I

Time allowed: 2h 30 min

PAPER I

(100 Marks)

THEORY

Instructions

1. This paper contains 12 printed pages please check.

2. Write your name at the top of all pages of the question paper.

3. This paper has **two** sections **A** and **B**. Section A has **eleven** questions and section B has **three** questions. Answer all questions in section **A** and **two** only in section **B** in the spaces provided on the question paper.

4. The maximum number of marks for each answer is indicated against each question.

5. In the table provided on this page, tick against the question number you have answered.

6. At the end of the examination, hand in your paper to the invigilator

Question Number	Tick if answered	Do not write in these column	
1			
2			
3			
4			
5			
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8			
9			
10			
11			
12			
13			
14			



SECTION A (70 marks)

Answer all the eleven questions in this section in the spaces provided.

1. a. State any two causes of Gout.

(2 marks)

- b. Describe the following effects of heat on cereals

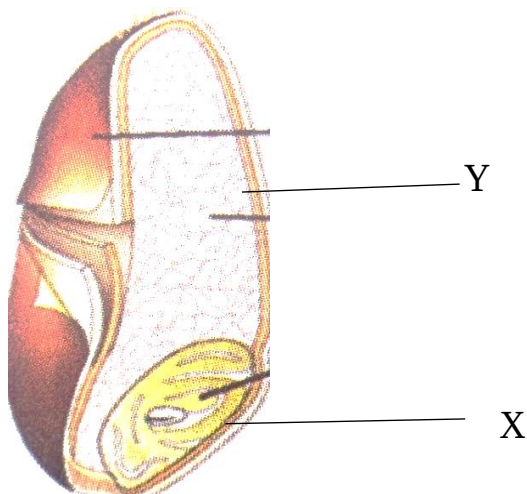
- i. Caramelisation

(3 marks)

- ii. Dextrinisation

(3 marks)

2. a. **Figure 1** shows a wheat grain.



i. Identify the parts labelled X and Y

X _____

Y _____

(2 marks)

ii. How does part labelled X affect the whole flour

(2 marks)

iii. Mention any **two** micro-nutrients that can be found in part labeled X.

(2 marks)

3. a. Why are the following important when choosing electric kitchen appliances.

i. Warrant of support

(2 marks)

ii. Energy efficiency

(2 marks)



b. Explain any **two** importance of processing food.

(4 marks)

4. a. Why are the following reproductive health issues during adolescence.

i. Abortion

(2 marks)

ii. Premarital Sex

(2 marks)

b. State any two forms of taxes on business enterprises.

(2 marks)

5. a. State any **two** types of flour mixtures.

(2 marks)

b. Explain any **two** ways of incorporating raising agents into flour mixtures mechanically

(4 marks)

6. a. Why is a pressure cooker a labour saving device

(2 marks)

b. Differentiate essential from non-essential amino acids.

(2 marks)



7. a. Why are the following ways done during reheating of left overs foods.

i. Reheating them so quickly

(2 marks)

ii. Coating them in batter

(2 marks)

b. Give any **two** examples of indigenous food additives.

(2 marks)

c. Explain any **two** importance of convenience foods.

(4 marks)



8. a Mention any **two** challenges that are common during old age.

(2 marks)

b. How do the following reproductive health services help the adults and the elderly

i. Counselling

(2 marks)

ii. Regular check-ups for cancer

(2 marks)

9. Explain any two importance of equal participation in decision making

(4 marks)

10. How do the following guidelines help when caring and maintaining a refrigerator.

i. Leaving factory labels intact.

(2 marks)

ii. Storing cooled food

(2 marks)

11.a. State any two guidelines to be followed when cleaning the toilet weekly.

(2 marks)



b. Explain any **two** roles of Malawi housing Corporation.

(4 marks)

b. Give any **two** importance of a table cloth.

(2 marks)

SECTION B (30 MARKS)

Answer any two questions in this section in the spaces provided.

12a .Explain five guidelines to be followed when planning meals for packing.

(10 marks)



b. Define the term nutritional status.

(1 marks)

c. Explain any **two** factors that influence poor nutrition status of Malawians.

(4 marks)

13. a .Why is relaxation and Physical exercise important to adolescents.

(4 marks)

b. Explain any **five** feeding options for babies born to HIV infected women.



(10 marks)

c. Define a Franchise.

(1 mark)

14.a. How do the following factors influence consumer behaviour

i. Family background

(2 marks)

ii. Education

(2 marks)



b. Differentiate a Cocktail from a Buffet.

(1 mark)

c. Explain any **five** importance of time management.

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(10 marks)

END OF QUESTION PAPER

NB: This paper contains 12 printed pages.

