



EXAMINATION NO.: _____

BLANTYRE URBAN STANDARDIZED EXAMINATIONS BOARD

2025/2026 END OF TERM THREE EXAMINATIONS

ARTS & LIFE SKILLS

(100 marks)

Standard 7

Time Allowed: 1 h 30 mins

Name of Candidate: _____

(Surname First)

Name of School: _____

Section A: (40 marks)

Answer all questions in this section. Encircle the letter representing the correct answer

EXPRESSIVE ARTS

- Which of the following components of general space is referred to aerial directions
A. levels C. floor pathways
B. extension D. air pattern
- Which of the following drawings is two dimensional drawing
A. a bottle C. an egg
B. a triangle D. house
- Which of the following could be the importance of interacting with audience as plays are performed
A. the audience is put off
B. people are bored
C. messages are instilled
D. people easily forget

Figure 1 shows a diagram of a pattern markings. Use it to answer question 4 and 5.



- Which of the following is the meaning of the marking?
A. place on fold of fabric
B. place on the straight grains
C. cutting line
D. stitching line
- Which of the following could be a garment on which the pattern markings is used?
A. hat C. petticoat
B. a short D. trousers
- Which of the following materials could be used to produce a table mat
A. clay C. grass
B. sisal D. metal

- Which of the following is a modern means of communication?
A. sirens C. cock crowing
B. dressing D. owl hooting
- During which traditional occasion do people perform tchopa dance?
A. rain making C. war
B. healing D. funeral
- Which of the following is a knitting stitch?
A. running C. chain
B. cross D. garter
- Which of the following is a skill in which a wall hanging can be made?
A. drying C. coiling
B. macramé D. mirroring

LIFE SKILLS

- Which of the following is a drug?
A. parapain C. glue
B. petro D. coffee
- Which of the following relationships do cousins belong
A. peer C. ethnic
B. family D. cultural
- Which of the following is the last stage in planning?
A. Identifying the goal C. implementing
B. Choose cause of action D. conclusion

Felo was a standard 7 learner. He started drinking beer with his friends. Due to this he became mad. Use the information to answer questions 14 and 15



14. Which of the following may have influenced Felo to start abusing substances?
- | | |
|------------------|----------------|
| A. assertiveness | C. anxiety |
| B. peer pressure | D. self-esteem |
15. Which of the following could be another negative effect of Felo's behavior?
- | | |
|------------------|-----------------------|
| A. get employed | C. school dropout |
| B. married early | C. become intelligent |
16. Which of the following could lead to disagreements among people?
- | | |
|-----------------------|--|
| A. peaceful conflicts | |
| B. problem solving | |
| C. playful actions | |
| D. property grabbing | |
17. Which of the following best describes people who lack opportunities enjoyed by other members in communities.
- | | |
|--------------------|-------------|
| A. less privileged | C. women |
| B. orphans | D. learners |

Dabwi's parents were from different ethnic groups upon reaching puberty, her parents had different views. Use the information to answer question 18 and 19

18. Which of following could be a barrier to effective communication in the story
- | | |
|-------------------------|------------|
| A. cultural differences | C. age gap |
| B. illiteracy | D. noise |
19. Which of the following could be done so that the parent may have some views?
- | | |
|--------------|---------------|
| A. empathy | C. resolution |
| B. tolerance | D. mediation |
20. A process where two person who are in a conflict involve a third person to help them solve the problem is called_____?
- | | |
|----------------|---------------|
| A. arbitration | C. resolution |
| B. negotiation | D. mediation |
21. Which of the following is a barrier to HIV testing and counselling (HTC)?
- | | |
|---------|-------------|
| A. age | C. language |
| B. fear | D. media |
22. Which of the following sexually transmitted infections has no cure?
- | | |
|--------------|-----------|
| A. syphilis | C. AIDS |
| B. gonorrhea | D. herpes |

23. Which of the following could be an effect of negative peer pressure?
- | |
|---------------------------------|
| A. succeed in school |
| B. Passing examinations |
| C. Selected to secondary school |
| D. Poor performance |
24. Which of the following is a period in a person's life between childhood and adulthood
- | | |
|----------------|---------------|
| A. adolescence | C. adolescent |
| B. puberty | D. infancy |
25. Which of the following is a reason more women are infected and affected with HIV and AIDS
- | |
|----------------------------|
| A. they are beautiful |
| B. they are sick |
| C. their biological makeup |
| D. their intelligence |
26. Which of the following causes malaria?
- | | |
|-------------|--------------|
| A. bacteria | C. parasite |
| B. virus | D. plasmodia |
27. Which of the following is the first sessions in voluntary counselling and testing
- | |
|----------------------------|
| A. pre-testing counselling |
| B. test process |
| C. testing |
| D. follow up counselling |
28. Which of the following could be done by people living with HIV and AIDS to sustain their good health.
- | | |
|---------------|---------------------|
| A. protesting | C. entrepreneurship |
| B. stealing | D. begging |
29. Which of the following is a facto that contribute to drug and substance abuse
- | |
|----------------------------|
| A. overdrinking of alcohol |
| B. mental disorders |
| C. lack of self confidence |
| D. taking expired drugs |
30. Which of the following are girls taught during initiation ceremony?
- | |
|---------------------------|
| A. abusing drugs |
| B. show respect to elders |
| C. start prostitution |
| D. spreading HIV |



SECTION B: 70 marks
EXPRESSIVE ARTS

31. a. Give any two ways of reducing risks in football.

(2 marks)
- b. State any two factors to consider when costing artworks.

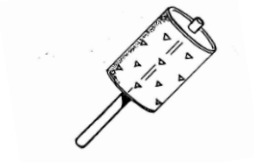
(2 marks)
- c. Name any two artistic items used in a home made from palm leaves.

(2 marks)
- d. Mention any two artistic activities which can lead to environmental degradation.

(2 marks)
- e. Explain how taking measurements before a garment is important.

(2 marks)

32. a. Figure 2 show a diagram of a musical instrument. Use it to answer questions that follow



- i. Name the musical instrument

(1 mark)
- ii. Give any two materials that could be used to make the instrument

(2 marks)
- iii. State the way in which the instrument produces sound.

(1 mark)
- b. Mention any two types of stitches that could be used to sew an attire

(2 marks)
- c. Name any two dances that are performed by Ngoni women

(2 marks)
- d. Give any two cultural practices where dances are produced

(2 marks)
33. a. Give any two materials that could be used to produce carvings
i. _____ ii. _____ (2 marks)
- b. Mention any two forms of carvings

(2 marks)
- c. Give any two characteristics of a good poster.
i. _____ ii. _____ (2 marks)
- d. Explain why recording of songs is not done in an open place?.

(2 marks)

- e. Give the meaning of the following in a play
 climax _____
 plot _____
34. a. (i) Define the term artistic

 _____ (2 marks)
- (ii) Name any two artistic activities that do not cover distance

 _____ (2 marks)
- b. Give the name of a musical note in the following time signature
 4
 8
 _____ (1 mark)
- 4
 4
 _____ (1 mark)
- c. Mention any two marketing skills
 _____ (2 marks)
- d. Give any two ways in which one can convey messages using movements
 _____ (2 marks)

LIFE SKILLS

35. a. State any two consequences of sexual relationships
 _____ (2 marks)
- b. Mention any two problems associated with HIV and AIDS.
 i. _____ ii. _____ (2 marks)
- c. Give any two ways in which STIs can be prevented.
 i. _____ ii. _____ (2 marks)
- d. Give any two barriers to HIV testing and counselling (HTC)
 _____ (2 marks)
- e. State any two factors that influence roles and behaviors that women and men display
 _____ (2 marks)
36. a. Waliyatsa was a std 7 learner his friends encouraged him to start smoking Chamba. Use the information to answer questions that follow substances
 i. Give any two effects if waliyatsa agrees to what his friends encouraged him to do
 _____ (2 marks)
- ii. Mention any two life skills Waliyatsa could use to overcome his situation
 _____ (2 marks)



b. State any two misconceptions about drugs and substances abuse.

(2 marks)

c. Give the meaning of the term “peer guidance and counselling”

(2 marks)

d. Explain how age can be a barrier to HIV and AIDs issues

(2 marks)

37. a. Give any two sources of information on sex and sexuality.

(2 marks)

b. Explain the importance of having correct information on sex and sexuality

(2 marks)

c. State any two ways in which planning is important.

(2 marks)

d. Mention any two situations that require decision making.

(2 marks)

e. Give any two ways of overcoming barriers to peaceful conflict resolution

(2 marks)

END OF QUESTION PAPER

